

Dressage Online

Lunging Test 1 (2020)

Circle to be between 15-20m diameter

1	2 left circles in medium walk	10
2	2 right circles in medium walk	10
3	3 left circles in working trot	10
4	3 right circles in working trot	10
5	1 gradual left spiral from full size circle to 10m diameter and back to full size in working trot	10 x 2
6	1 gradual right spiral from full size circle to 10m diameter and back to full size in working trot	10 x 2
7	On the left rein transition from walk to halt, halt for 4 seconds and forwards into walk	10
8	On the right rein transition from walk to halt, halt for 4 seconds and forwards into walk.	10
9	The start of the lunge test from you standing by your horse's side	10 x 2
10	The final halt and finish of the lunge test with you standing by your horse's side	10 x 2
11	Change of direction	10 x 2

COLLECTIVE MARKS

12	Paces (walk) Freedom, tempo, regularity, correct footfall	10 x 2
13	Paces (trot) Freedom, tempo, regularity, correct footfall	10 x 2
14	Suppleness and rhythm. Relaxation, working over the back, equal flexion on both reins	10 x 2
15	Technical Correct and safe use of equipment, to include the correct safety clothing	10 x 2
16	Effectiveness of handler. Control and obedience of the horse	10 x 2
Total Marks		260